

ELMIRA TURDALIEVA DNP, RN, BC-CNS

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EDUCATION

University of Minnesota, Minneapolis, MN May, 2017
Doctor of Nursing Practice program
Adult Health/ Gerontological Clinical Nurse Specialist
GPA: 3.85
Honors: Pauline A. Vincent Scholarship; Member of the Sigma Theta Tau honor society

BLS, ACLS Certifications

University of Minnesota, Minneapolis, MN December, 2013
Master of Nursing
GPA: 3.9
Honors: Carolina and Margaret Benson Scholarship; Mary K Field & Cyrus A Field Scholarship;
Member of the Sigma Theta Tau honor society
Minnesota State Registered Nurse License, CPR; BLS Certification

Minneapolis Community & Technical College, Minneapolis, MN August, 2011
Pre-Nursing Program
GPA: 3.94
Honors: Dean's List
Certification: CNA

PROFESSIONAL AND CLINICAL EXPERIENCE

North Hennepin Community College January, 2020-Present

Fulltime Nursing Faculty

Clinical Practice and Teaching Experience:

- Currently teaching Fundamentals; Health Promotion; Nutrition and the Role of the Professional Nurse

Good Samaritan Facility, Robbinsdale, MN

- Continue to teach students and clients good health maintenance, procedures, including disease process and pathophysiology; teach full physical assessment; provide wound care training to clients after their discharge from hospital; educate clients on use, purpose, and side effects of medication; collaborate with physicians on up to clients' plan of care; regularly make decisions that impact health care outcomes, and customer satisfaction; provided advice and emotional support to patients' families; kept record of symptoms and progress of patients.

Member of the SPAC Committee (2020, 2021)

University of Minnesota Medical Center, MHealth Fairview, Minneapolis, MN August, 2013-Present
Cardiovascular Intermediate Unit
Registered Nurse

- Examine and provide care for wide range of cardiac patients (including but not limited to patients with heart and lung transplant, valve replacement, transcatheter aortic valve replacement, aortic arch reappear, coronary artery bypass)
- Manage and provide nursing care patients with acute and decompensated heart failure, abnormal heart rhythms, pulmonary hypertension, and adult congenital heart defects
- Assess and interpret diagnostic studies such as lab work, ECGs (recognize normal and abnormal ECG)

components)

- Developed a plan of action for the patient's care
- Provide nursing care for patients with Ventricular Assistive Device (LVAD, RVAD, BiVAD)
- Provide and educate how to manage VAD and VAD dressing
- Monitor patients for any negative signs of change in condition
- Developed a plan of action for the patient's care.
- Administer medications, educate patient about medications and their side effects and assist with personal care needs
- Provide a collaborative approach to patient care
- Educate patient and their family about patient current health condition, plan of treatment, assist them to make lifestyle changes that contribute to patient recovery

University of Minnesota, Minneapolis, MN
School of Nursing
Research Assistant

September 2012 - 2016

- Engage patients in verbal interaction and discussion
- Develop educational materials for stroke survivors
- Perform educational sessions for participants of research study
- Conduct literature searches
- Develop research survey, questionnaires
- Administer patients questionnaires and conduct assessments
- Evaluate patient's learning process and suitability of written materials for stroke survivors

Tashkent State Medical University, Tashkent City, Uzbekistan September 2004-December 2007
Teaching Assistant (Neurological Unit)

- Assisted professor in preparing studying materials
- Provided educational sessions to patients from neurology and cardiology units of First Clinical Hospital
- Presented research findings at a Conference for Medical Professionals
- Administered the annual prophylactic examinations of children in school
- Participated and contributed in specified health promotions, educational and prevention programs
- Provide neurological assessment and consultation of patients (Neurological Unit of the RH#1 (Tashkent))

PUBLICATIONS

Turdaliev, E., & Hadidi, N. (2012). *Understanding Stroke: Patient Handbook*. Minneapolis, MN.

DNP Project: Improving Nurses Knowledge and Care of Stroke Patients in LTCF

VOLUNTEER EXPERIENCE

Saint Michael's Ukrainian Orthodox Church, Minneapolis, MN March, 2003 – Present
Assist with recreational and office needs. Assist with conducting traditional and cultural vents. Translation assistance for new residents.

Catholic Eldercare, Minneapolis, MN July, 2008 –December, 2009
Assisted with social, recreational and office needs. Escorted residence to meals and on walks. Visited the residents, and adult day clients.

SKILLS AND LANGUAGES

- Technical Skills: Epic and Pyxes systems, Excel, Word, Power Point, Internet, Zoom Office
- Fluent in Russian, English and Uzbek Languages (reading, speaking, writing).

