

DEBRA JEAN MATCHINSKY, PH.D., LP

Licensed Psychologist, MN #LP4531

EDUCATION

Ph.D. Counseling Psychology	University of Missouri - Kansas City	Kansas City, MO	2001
M.S. Clinical Psychology	Emporia State University	Emporia, KS	1996
B.A. Psychology	St. Cloud State University	St. Cloud, MN	1994
A.A. Liberal Arts	North Hennepin Community College	Brooklyn Park, MN	1991

ACADEMIC APPOINTMENTS

<u>NORTH HENNEPIN COMMUNITY COLLEGE, Brooklyn Park, MN</u>	1999 - Present
General and Abnormal Psychology, Adult and Child Development	
<u>UNIVERSITY OF ST. THOMAS, St. Paul, MN</u>	J-Term - Spring 2006, Spring 2007
Graduate level: Theories of Counseling & Personality, Biopsychology	
<u>COLLEGE OF ST. CATHERINE'S, St. Paul, MN</u>	Spring 2006
Lifespan Developmental Psychology	
<u>METROPOLITAN STATE UNIVERSITY, St. Paul, MN</u>	2001
Experimental Psychology	
<u>UNIVERSITY OF MISSOURI - KANSAS CITY, Kansas City, MO</u>	1996 - 1999
General, Lifespan, Experimental, Abnormal, Statistics, Graduate Statistics	
<u>EMPORIA STATE UNIVERSITY, Emporia, KS</u>	1994 - 1996
Introductory and Developmental Psychology, Intelligence Testing	

ACADEMIC ACTIVITIES

- Institutional Review Board Member at NHCC – 2007-Present.
- Culturally Appropriate Pedagogy. Spring 2022.
- Psychology Lab Director at NHCC. 2019-2021.
- NHCC Learning Community for Psychology and ADEV Reading. 20012-2018.
- NHCC Online Learning Committee member. 2014-2015.
- GLBT Alliance NHCC student organization advisor, 2004-2014
- NHCC Course Evaluation Committee member. 2013-2014.
- Quality Matters Online Reviews for MnSCU. 2012-2016.
- Quality Matters - awarded to my online General Psychology courses. 2011.
- NHCC Book Club Leader – *Man's Search for Meaning* by Viktor Frankl, Spring 2008.
- Students for Peace NHCC student organization advisor, 2004-2007.
- NHCC Diversity Council member, 2001-2010.
- Mental Health & Wellness Week at NHCC founder and chairperson, 2003-2010.

ESOL – Created video tape lecture for ESOL course at NHCC. Revised psychology exams with the assistance of an ESOL instructor to eliminate idioms and culturally-specific items, 2005.

GLBT Ally Training Committee member at NHCC, 2005.

Healing Oppression through HOPE: Harsh Observations of People’s Experiences – director of the mental illness section of a walk-through exhibit at NHCC, April 2005.

NHCC Center for Teaching & Learning coordinator, 2002-2003.

CTL Project Specialist – Awarded a stipend from MnSCU for creating an e-portfolio project for the teaching of general psychology called “Psychology for Life”, 2003.

PROFESSIONAL CONFERENCES ATTENDED

Midwestern Psychological Association annual conference, April 2022

American Dance Therapy Association annual conference, 2015, 2016, 2017.

Learning Community (LCOM) Institute at Inver Hills Community College, May 2012.

What Should I Do? - Ethical Risks, Making Decisions and Taking Action, August 16, 2009

Meth on the Move: What Professionals Need to Know, November 2007.

Trans-cultural Mental Health in a Changing World, October 2007.

e-Folio MN Summit, November 2005.

ITeach: Best Practices in Teaching with Technology, 2002, 2003, 2004, 2005, 2009.

Realizing Student Potential Conference, annual MnSCU CTL event, 2003, 2004, 2005, 2006, 2007.

The 3rd National Conference for Accelerated Programs in Higher Education: Creating a Future for Accelerated Learning, November 2004.

Breaking the Barriers Conference III: Examining the ways in which faculty and staff members from Twin Cities' colleges and universities can be better partners in the education of immigrant and refugee students, January 2004.

Changing Institutional Priorities: Developing a Shared Understanding of the Value of Assessing Student Learning, an AAHE/Higher Learning Commission Collaboratively Designed Assessment Workshop, April 2003.

ACADEMIC PRESENTATIONS

Matchinsky, D. (2015). *The Psychology of Stereotypes*. Presented at North Hennepin Community College as part of the Faculty Development Days.

Matchinsky, D. (2013). *Managing Stress*. Presented at North Hennepin Community College as part of the Faculty Development Days.

Matchinsky, D. (2011). *Psychotherapy 101: Finding Congruence*. Presented at North Hennepin Community College as part of the Faculty Lecture Series. October 2011.

Matchinsky, D. (2006). *The Truth Behind ECT: Shock Treatment - Then & Now*. Presented at North Hennepin Community College for Mental Health & Wellness Week as part of the 40th Anniversary of NHCC Celebration, November 2006.

Matchinsky, D. (2005). *An Active Learning Assessment Project using e-Folio*. Presented at the e-Folio MN Summit, Brooklyn Park, MN. November 2005.

- Matchinsky, D. (2005). *Teaching Psychology Using e-Folio*. Presented at the e-Folio MN Summit, Brooklyn Park, MN. November 2005.
- Matchinsky, D. (2005). *Best Practices in Active Learning Assessment Project: The Art of Projective Assessment*. Presented to the Higher Learning Commission Focus Team. September 2005.
- Matchinsky, D., Peirce, M., Beishline, M., Ryan, B., & Coen, T. (1995). *Ice breaking: Activities for the first day of class*. Presented at the annual meeting of the Southwest Regional Conference for Teachers of Psychology, Fort Worth, TX.
- Matchinsky, D. J. & Davis S. F. (1995). *Structured journaling: An aid for teaching introductory psychology*. Poster presented at Division 2's Teaching Activities Exchange at the American Psychological Association convention, August 11-15, 1995, New York.
- Beishline, M. J. & Matchinsky, D.J. (1995). *Graduate school: A survival course*. As part of symposium titled, *Graduate School: Getting in and getting the best of it*. Kenneth A. Weaver, Chair. Presented at the annual meeting of the Great Plains Students' Psychology Convention in Emporia, KS.
- Matchinsky, D. J. (1995). *Don't bite the hand that feeds you: Ethical considerations for mentors and protégés*. As part of symposium titled, *Obedience training for undergraduates and graduate student Mentor-protégé relationships*. Stephen F. Davis, Chair. Presented at the annual meeting of the Southwestern Psychological Association in San Antonio, TX.

CLINICAL EXPERIENCE

WALK IN COUNSELING CENTER (2008-PRESENT) Served on a team for one term as a counselor in 2008 and then became a substitute, served on two teams in 2016-2017, and currently on 1 team. Provide individual psychotherapy to drop in clients at no cost.

PRIVATE PRACTICE/PRO BONO (2004-2013) Individual psychotherapy provided on cash basis on sliding fee scale.

MI/CD COUNSELOR (Mar 2002 - 2004) Pathways, St. Paul, MN. Group therapy and individual case management of adults with mental illness and chemical dependency.

PRE-DOCTORAL INTERNSHIP (Jul 2000 - Jul 2001) Central Iowa VA Medical Center, Knoxville Division. Rotations in neuropsychology, primary mental health, rehabilitation/geropsychology, and palliative care. Primary Supervisor: David Dettmann, Ph.D.

PRACTICUM (Sept - Dec 1999) VAMC, Minneapolis, MN. Administer and score neuron-psychological batteries; write reports; adjustment counseling; attend case conferences; attend rounds. Supervisor: Mark Barisa, Ph.D.

PSYCHOMETRIST TRAINER/RESEARCH COORDINATOR (Aug 1999 - Jun 2000) MINCEP Epilepsy Care, Minneapolis, MN. Train psychometrists; Wada testing; attend Case Management meetings; and coordinate FDA drug studies. Supervisor: Thomas Beniak, Ph.D./ABBP.

PROGRAM DIRECTOR (April - Aug 1999) Ascension Place, Inc. Minneapolis, MN. Supervise primary care staff, personnel, and mentally ill, chemically dependent, and brain-injured adults.

PRACTICUM (Aug - Dec 1998) D. D. Eisenhower V. A. Medical Center, Leavenworth, KS. Administer, score and write reports of mood and cognitive assessments for geriatric clients on a nursing home unit. Supervisor: Sally Hass, Ph.D.

PRACTICUM (Summer 1998) D. D. Eisenhower VA Medical Center, Leavenworth, KS. Administer and score WAIS-III and WMS-III. Supervisor: Joseph Ryan, Ph.D.

PRACTICUM (Jan - May 1998) Meninger's at Menorah Hospital in KS. Co-therapist in family group for day-treatment clients. Supervisor: Bernard Lubin, Ph.D.

PRACTICUM (Aug - Dec 1997) Osawatomie State Hospital, KS. Individual counselor for clients diagnosed with severe and persistent mental illness. Supervisor: Daniel Melbourne, Ph.D.

PRACTICUM (Jan - Aug 1997) Community Counseling Center - University of Missouri-Kansas City, MO. Individual counseling. Supervisors: Ana Marie Sancho, Ph.D., Changming Duan, Ph.D.

INTERN (1995 - 96) Mental Health Center of East Central KS, Emporia, KS. DUI and A&D assessment, group and individual psychotherapy. Community support in day treatment center for MI patients. Supervisors: Carolyn Joseph, RMLP, June Hubert, LICSW, and Linda Austrander, RMLP.

MENTAL HEALTH WORKER in Rule 36 Group Home (1991 - 94). Central Minnesota Mental Health Housing Corporation, St. Cloud, MN. Supervisors: Joyce Gelle, LPN, MS, LICSW, Program Director, and Nick Johnson, Ph.D.

PSYCHOLOGY RESEARCH LAB ASSISTANT (1992 - 94). St. Cloud State University, MN. Supervisor: Christine McGlasson, Ph.D.

RESEARCH PUBLICATIONS

- White, J. R., Walczak, T., Leppik, I.E., Rarick, J., Tran, T., Beniak, T. E., Matchinsky, D. J., Gumnit, R. J. (2003). Discontinuation of levetiracetam due to behavioral reasons: A case control study. *Neurology*, 61(9), 1218.
- Matchinsky, D. J. (2003). Recent publications of interest to logotherapists. *The International Forum for Logotherapy*, 26, 59-61.
- Matchinsky, D. J. (2002). Recent publications of interest to logotherapists. *The International Forum for Logotherapy*, 25, 68-70.
- White, J. R., Matchinsky, D. J., Beniak, T., Arndt, R. C., Walczak, T., Leppik, I. E., Rarick, J., & Gumnit, R. J. (2002). Predictors of postoperative memory function after left anterior temporal lobectomy. *Epilepsy & Behavior*, 3, 383-389.
- Matchinsky, D. J., (2001). *Attitudes toward people with mental illness as a predictor for liking of people described with mental health problems*. Ann Arbor, MI: UMI Dissertation Services.
- Matchinsky, D. J. & Iverson, T. G. (1996). Homophobia in heterosexual female undergraduates. *Journal of Homosexuality*, 31(4), 123-128.

RESEARCH PRESENTATIONS

- White, J. R., Walczak, T., Leppik, I.E., Rarick, J., Tran, T., Beniak, T. E., Matchinsky, D. J., Gumnit, R. J. (2003). *Discontinuation of levetiracetam due to behavioral reasons: A case control study*. Presented to the Annual meeting of the American Epilepsy Society. Los Angeles, CA. December, 2002.
- White, J. R., Arndt, R. C., Matchinsky, D. J., Walczak, T., Leppik, I. E., Beniak, T., Rarick, J., Cox, C. M., Maxwell, R., & Gumnit, R. J. (2000). *Prediction of Postoperative Memory Preservation After Left Anterior Temporal Lobectomy (ATL) Using Multiple Regression Analysis*. Presented to the Annual meeting of the American Epilepsy Society. Los Angeles, CA. December, 2000.
- Matchinsky, D. (1996). *Fear of success and coping styles as predictors of emergency service use by the severe and persistent mentally ill*. Presented at the Graduate Celebration of Research, Kansas City, MO.
- Varela, R. E. & Matchinsky, D. J. (1994). *Posttraumatic stress disorder: Physiological vulnerability and temperament*. Paper presented at the annual meeting of the Association for Psychological and Educational Research in Kansas, Lawrence, KS.
- Matchinsky, D. J. & Iverson, T. G. (1993). *Homophobia in heterosexual female undergraduates*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Matchinsky, D. J. (1993). *Follow-up survey of severely and persistently mentally ill after discharge from a rule 36 group home*. Paper presented to the Central MN Mental Health Housing Corporation of Benton, Stearns and Wright counties, St. Cloud, MN.

AWARDS AND HONORS

EXCELLENCE IN EDUCATION AWARD - Nominated by my colleagues and selected by a committee of students, faculty and administrators; this award is presented in recognition of the important contributions of faculty to student success, May 2007.

CTL PROJECT SPECIALIST - Chosen as a project specialist, I was awarded a stipend for creating an e-folio project for teaching general psychology, summer 2003

GRADUATE TEACHING ASSISTANTSHIP - 1994-1998.

UNIVERSITY AWARD FOR EXCELLENCE IN LEADERSHIP - Presented by the Chancellor of the Minnesota State University System for honors students who demonstrate leadership efforts and make significant contributions to St. Cloud State University and the community, 1994.

COLLEGES AND UNIVERSITIES OUTSTANDING STUDENT RECOGNITION AWARD - Presented by the St. Cloud Chamber of Commerce, St. John's University, College of St. Benedict and St. Cloud State University for academic excellence and community involvement, 1993.

PROFESSIONAL ASSOCIATIONS

- AMERICAN PSYCHOLOGICAL ASSOCIATION 1991- 2007.
- APA: DIVISION 2 TEACHING OF PSYCHOLOGY 1995- 2007, 2019-2022.
- AMERICAN DANCE THERAPY ASSOCIATION 2015-2016.
- PSI CHI NATIONAL HONOR SOCIETY for psychology students. 1991-2002.
- PHI KAPPA PHI NATIONAL HONOR SOCIETY. 1993-2002.