

Nutrition Associate of Science



Semester 1

Course Number	Course Name	Credits	Milestone	Completed
College Writing I	Pick one: ENGL 1200‡ or 1201	4-5	Yes	<input type="checkbox"/>
MATH 1150	College Algebra (see helpful hints)	3	Yes	<input type="checkbox"/>
Total Credits:		7		

Semester 2

Course Number	Course Name	Credits	Milestone	Completed
College Writing II	Pick one: ENGL 1202 or 1203‡	2-3	Yes	<input type="checkbox"/>
BIOL 1001	Biology I	4	Yes	<input type="checkbox"/>
Total Credits:		6		

Semester 3

Course Number	Course Name	Credits	Milestone	Completed
COMM 1010	Fundamentals of Public Speaking	3		<input type="checkbox"/>
MATH 1130	Elementary Statistics	3		<input type="checkbox"/>
Total Credits:		6		

Semester 4

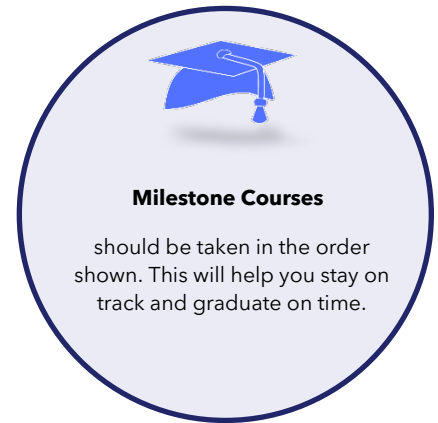
Course Number	Course Name	Credits	Milestone	Completed
SOC 1110	Introduction to Sociology	3		<input type="checkbox"/>
HLTH 1070	Nutrition	3		<input type="checkbox"/>
Total Credits:		6		

Semester 5

Course Number	Course Name	Credits	Milestone	Completed
CHEM 1061	Principles of Chemistry I	4	Yes	<input type="checkbox"/>
PSYC 1150	General Psychology	3		<input type="checkbox"/>
Total Credits:		7		

Semester 6

Course Number	Course Name	Credits	Milestone	Completed
CHEM 1062 or BIOL 2111	Principles of Chemistry II or Human Anatomy & Physiology I	4	Yes	<input type="checkbox"/>
HLTH 2070/2090*	Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition	3		<input type="checkbox"/>
Total Credits:		7		



Helpful Hints

‡ ENGL 1200 corequisite ‡ENGL 1001-
College Writing I Workshop

‡ ENGL 1203 corequisite ‡ENGL 1002-
College Writing II Workshop

-When choosing between Anatomy and Physiology or Principles of Chemistry/Organic Chemistry, consider transfer institution preference.

Program Electives based on Transfer Institution (7 credits total):

ENGL: 1940

EXSC: 1010

HLTH: 1000, 1010†, 1030, 1040, 1050, 1080†, 2040 (even years only) †

-HLTH 2070 is offered odd years and HLTH 2090 is offered even years.

-Must continue on to get bachelor's and master's degree in order to be a Registered Dietitian.

-If you do not place into College Algebra (MATH 1150), you will need to complete additional sequence of math courses

(Semester 7 continues on the next page)

Semester 7

Course Number	Course Name	Credits	Milestone	Completed
COMM 1310	Intercultural Communication	3		<input type="checkbox"/>
Program Electives	Choose course from program electives in helpful hints	3		<input type="checkbox"/>

Total Credits: 6

Semester 8

Course Number	Course Name	Credits	Milestone	Completed
CHEM 2061 or BIOL 2112	Organic Chemistry I or Human Anatomy & Physiology II	4		<input type="checkbox"/>
HLTH 2070/2090*	Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition	3		<input type="checkbox"/>

Total Credits: 7

Semester 9

Course Number	Course Name	Credits	Milestone	Completed
BIOL 2100	Microbiology	4		<input type="checkbox"/>
Program Electives	Choose course from program electives in helpful hints	4		<input type="checkbox"/>

Total Credits: 8

Program Credit Total: 60

FINISHED



Disclaimer: This roadmap represents one possible pathway through the program, so please make an appointment with your Academic Advisor to create an education plan that is customized to meet your needs. This information is subject to change.

* Leaf/Dagger (†) means the class is only offered Fall semester. Flower/Asterisk (*) means the class is only offered Spring Semester. Double Dagger (‡) means the course has a corequisite that must be taken at the same time.

Effective 12/17/25 AT