





Nutrition Associate of Science

START
HERE

Semester 1

| Course Number | Course Name | Credits | Milestone | Completed |
|-------------------|-------------------------------------|-----------------------|---|--------------------------|
| College Writing I | Pick one: ENGL 1200‡ or 1201 | 4-5 |  Yes | <input type="checkbox"/> |
| MATH 1150 | College Algebra (see helpful hints) | 3 |  Yes | <input type="checkbox"/> |
| | | Total Credits: | 7 | |

Semester 2

| Course Number | Course Name | Credits | Milestone | Completed |
|--------------------|------------------------------|-----------------------|---|--------------------------|
| College Writing II | Pick one: ENGL 1202 or 1203‡ | 2-3 |  Yes | <input type="checkbox"/> |
| BIOL 1001 | Biology I | 4 |  Yes | <input type="checkbox"/> |
| | | Total Credits: | 6 | |


Semester 3

| Course Number | Course Name | Credits | Milestone | Completed |
|---------------|-----------------------------|-----------------------|-----------|--------------------------|
| COMM 1110 | Interpersonal Communication | 3 | | <input type="checkbox"/> |
| MATH 1130 | Elementary Statistics | 3 | | <input type="checkbox"/> |
| | | Total Credits: | 6 | |



Semester 4

| Course Number | Course Name | Credits | Milestone | Completed |
|---------------|---------------------------|-----------------------|-----------|--------------------------|
| SOC 1110 | Introduction to Sociology | 3 | | <input type="checkbox"/> |
| HLTH 1070 | Nutrition | 3 | | <input type="checkbox"/> |
| | | Total Credits: | 6 | |

Semester 5

| Course Number | Course Name | Credits | Milestone | Completed |
|---------------|---------------------------|-----------------------|---|--------------------------|
| CHEM 1061 | Principles of Chemistry I | 4 |  Yes | <input type="checkbox"/> |
| PSYC 1150 | General Psychology | 3 | | <input type="checkbox"/> |
| | | Total Credits: | 7 | |

Semester 6

| Course Number | Course Name | Credits | Milestone | Completed |
|---|--|-----------------------|---|--------------------------|
| CHEM 1062 or BIOL 2111 | Principles of Chemistry II or Human Anatomy & Physiology I | 4 |  Yes | <input type="checkbox"/> |
| HLTH 2070/2090*  | Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition | 3 | | <input type="checkbox"/> |
| | | Total Credits: | 7 | |

(Semester 7 continues on the next page)



Milestone Courses

should be taken in the order shown. This will help you stay on track and graduate on time.

Helpful Hints

‡ ENGL 1200 corequisite ‡ENGL 1001-College Writing I Workshop




‡ ENGL 1203 corequisite ‡ENGL 1002-College Writing II Workshop

-When choosing between Anatomy and Physiology or Principles of Chemistry/Organic Chemistry, consider transfer institution preference.

Program Electives based on Transfer Institution (7 credits total):

ENGL: 1940

EXSC: 1010

HLTH: 1000, 1010†, 1030, 1040, 1050, 1080†, 2040 (even years only) †

-HLTH 2070 is offered odd years and HLTH 2090 is offered even years.

-Must continue on to get bachelor's and master's degree in order to be a Registered Dietitian.

-If you do not place into College Algebra (MATH 1150), you will need to complete additional sequence of math courses

Semester 7

| Course Number | Course Name | Credits | Milestone | Completed |
|-------------------|---|---------|-----------|--------------------------|
| COMM 1310 | Intercultural Communication | 3 | | <input type="checkbox"/> |
| Program Electives | Choose course from program electives in helpful hints | 3 | | <input type="checkbox"/> |

Total Credits: 6

Semester 8

| Course Number | Course Name | Credits | Milestone | Completed |
|------------------------|--|---------|-----------|--------------------------|
| CHEM 2061 or BIOL 2112 | Organic Chemistry I or Human Anatomy & Physiology II | 4 | | <input type="checkbox"/> |
| HLTH 2070/2090*🌸 | Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition | 3 | | <input type="checkbox"/> |

Total Credits: 7

Semester 9

| Course Number | Course Name | Credits | Milestone | Completed |
|-------------------|---|---------|-----------|--------------------------|
| BIOL 2100 | Microbiology | 4 | | <input type="checkbox"/> |
| Program Electives | Choose course from program electives in helpful hints | 4 | | <input type="checkbox"/> |

Total Credits: 8

Program Credit Total: 60



Disclaimer: This roadmap represents one possible pathway through the program, so please make an appointment with your Academic Advisor to create an education plan that is customized to meet your needs. This information is subject to change.

🌸 Leaf/Dagger (†) means the class is only offered Fall semester. 🌸 Flower/Asterisk (*) means the class is only offered Spring Semester.
Double Dagger (‡) means the course has a corequisite that must be taken at the same time.

Effective 10/4/24 AT