



# Health AS

The Health Associate of Science Degree is a rewarding field for individuals interested in making a difference in the lives of others through the promotion of healthy lifestyles, healthy family functioning, and improving conditions that make it possible to live healthy lives.

## Health Curriculum

### Curriculum

#### Program Courses

Course Code	Title	Course Outlines	Goal Areas	Credits
<a href="#">HLTH 1030</a>	Personal and Community Health	<a href="#">View-HLTH 1030</a>	n/a	3
<a href="#">HLTH 1050</a>	Stress Management	<a href="#">View-HLTH 1050</a>	n/a	3
<a href="#">HLTH 1070</a>	Nutrition	<a href="#">View-HLTH 1070</a>	n/a	3
<a href="#">HLTH 1080</a>	Consumer Health	<a href="#">View-HLTH 1080</a>	n/a	3
<a href="#">HLTH 2020</a>	Introduction to Health	<a href="#">View-HLTH 2020</a>	n/a	3
<a href="#">HLTH 2040</a>	Foundations and Theory in Health	<a href="#">View-HLTH 2040</a>	n/a	3

## Program Electives

Course Code	Title	Course Outlines	Goal Areas	Credits
Choose 3 of the 5 following classes:				
<a href="#">HLTH 1010</a>	Health Terminology <b>or</b>	<a href="#">View-HLTH 1010</a>	n/a	3
<a href="#">HLTH 1060</a>	Drugs and Health <b>or</b>	<a href="#">View-HLTH 1060</a>	n/a	3
<a href="#">HLTH 1900</a>	Healthy Sexuality <b>or</b>	<a href="#">View-HLTH 1900</a>	n/a	3
<a href="#">HLTH 2030</a>	Global Health <b>or</b>	<a href="#">View-HLTH 2030</a>	n/a	3
<a href="#">HLTH 2080</a>	Environmental Health	<a href="#">View-HLTH 2080</a>	n/a	3

## General Education Courses

Course Code	Title	Course Outlines	Goal Areas	Credits
College Writing I				
<a href="#">ENGL 1200</a>	Gateway College Writing <b>or</b>	<a href="#">View-ENGL 1200</a>	n/a	4
<a href="#">ENGL 1201</a>	College Writing I	<a href="#">View-ENGL 1201</a>	n/a	4
<a href="#">ENGL 1202</a>	College Writing II <b>or</b>	<a href="#">View-ENGL 1202</a>	n/a	2
<a href="#">ENGL 1203</a>	College Writing II with Workshop	<a href="#">View-ENGL 1203</a>	n/a	2
<a href="#">BIOL 1001</a>	Biology I	<a href="#">View-BIOL 1001</a>	n/a	4
<a href="#">BIOL 2111</a>	Human Anatomy and Physiology I	<a href="#">View-BIOL 2111</a>	n/a	4
<a href="#">BIOL 2112</a>	Human Anatomy and Physiology II	<a href="#">View-BIOL 2112</a>	n/a	4
<a href="#">COMM 1310</a>	Intercultural Communication	<a href="#">View-COMM 1310</a>	n/a	3
<a href="#">COMM 1010</a>	Fundamentals of Public Speaking	<a href="#">View-COMM 1010</a>	n/a	3
<a href="#">MATH 1120</a>	College Algebra	<a href="#">View-MATH 1120</a>	n/a	3
<a href="#">MATH 1150</a>	College Algebra	<a href="#">View-MATH 1150</a>	n/a	3
<a href="#">PHIL 1220</a>	Health Care Ethics	<a href="#">View-PHIL 1220</a>	n/a	3
<a href="#">PSYC 1150</a>	General Psychology	<a href="#">View-PSYC 1150</a>	n/a	3

## NHCC Residency and GPA

15 Credits must be earned at NHCC

<b>Total Credits Required</b>	<b>60</b>
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## Program Overview

### 2024-2025

The Associate of Science Degree in Health is a rewarding field for individuals interested in making a difference in the lives of others through the promotion of healthy lifestyles, healthy family functioning, and improving conditions that make it possible to live healthy lives. It is a vitally important field that is experiencing rapid growth and demand. This AS degree prepares students for a wide range of occupations in the health field, relating to stress techniques, nutrition and wellness, drugs and alcohol awareness, healthy sexuality and global implications in health. Students will be prepared to transfer to a 4 year institution upon completion as well as work in a variety of career settings including, but not limited to, family planning agencies, nonprofit agencies, state and federal health agencies, schools and community health agencies.

This degree has an articulation agreement to Minnesota State University Mankato for their Community Health Program, BS and Winona State University for their Public Health - Community Health Specialist Emphasis, BS and their Health and Wellness Management BAS.

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## Program Outcomes

### Knowledge of Human Cultures and the Physical and Natural World:

- Identify and develop a background of knowledge to address the major health related, cultural and social needs of the communities we live and work in.

### Intellectual and Practical Skills:

- Inquiry and analysis.
- Critical and creative thinking.
- Written and oral communication.
- Quantitative literacy.

- Information literacy.
- Teamwork and problem solving.
- Examine the importance of ethnic and cultural factors for health practices in the community. promote holistic health care standards.

### **Personal and Social Responsibility and Engagement:**

- Promote healthy behaviors through evidence based data and apply these findings to strategies in the classroom to promote holistic health care standards.
- Identify the socioeconomic, behavioral, biological, environmental, and other factors that impact human health and contribute to health disparities.
- Ethical reasoning and action.
- Foundations and skills for lifelong learning.

### **Integrative and Applied Learning:**

- Apply the data presented in these classes to analyze and synthesize pertinent and current information which will help educate students and their future clients.
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## **Program Maps**

Program roadmaps provide students with a guide to understand the recommended course sequence to complete their degree.

- [Health AS Program Roadmap Full Time](#)
  - [Health AS Program Roadmap Part Time](#)
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## **Career Opportunities**

Information on careers, including career descriptions, salary data, and employment outlook is available on the [Bureau of Labor Statistics website](#) and [O\\*Net Online website](#).

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## Transfer Information

If you are planning on transferring to another institution, follow the guidelines available on our transfer resources web page to help you plan the process: [Transfer Information](#)

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## Degree Information

The Associate of Science (A.S.) degree is intended for students whose primary goal is to complete the credentials for a specific career and/or prepare for transfer to complete a bachelor's degree at a college or university with whom North Hennepin Community College has an articulation agreement. The A.S. degree provides a balance of general education courses and the required scientific, professional or technical courses in the degree program.

A student shall:

- Earn a minimum of 60 semester credits as required in the program, with a grade point average of 2.00 (C) or above in courses taken at North Hennepin Community College. Specific programs may have additional requirements or a higher minimum grade point average.
- Earn a minimum of 15 semester credits at North Hennepin Community College. A student must complete at least 50% of career specific courses at North Hennepin Community College.
- Earn 30 credits in at least 6 Minnesota Transfer Curriculum (MnTC) goal areas.
- Earn 30 professional/technical credits.
- Have four years to complete the graduation requirements as published in the catalog in effect at the time of their initial enrollment. Students taking more than four years to complete their graduation requirements may follow any catalog published during the four year period preceding their graduation.

Completion of an A.S. degree fulfills the Goal Area 2 requirement of the Minnesota Transfer Curriculum (MnTC).

**Developmental Courses** Some students may need preparatory course(s) in Math and/or English. Courses numbered below 1000 will not apply toward a degree.

**Equal Opportunity Employer and Disability Access Information** North Hennepin Community College is a member of Minnesota State Colleges and Universities system and an equal opportunity employer and educator. This document is available in alternative formats to individuals with disabilities by calling 7634930555 or through the Minnesota Relay Service at 18006273529.

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## Accreditation

North Hennepin Community College is accredited by the Higher Learning Commission ([hlcommission.org](https://hlcommission.org)), an institutional accreditation agency recognized by the U.S. Department of Education.

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