



Faculty & Staff Referral Guide for Virtual Counseling Services

Counselors are available to help you and your students remotely. If a student needs or would benefit from counseling services, please follow this referral process to help the student connect most effectively with counseling services.

1. If there is a threat for immediate safety for the student or others call 911.
If a mental crisis occurs, a county crisis team can assess the situation and provide follow-up:
 - Anoka: 763-755-3801
 - Carver/Scott: 952-442-7601
 - Dakota: 952-891-7171
 - Hennepin: 612-596-1223
 - Washington: 651-777-5222
 - Ramsey: 651-266-7900
2. **If a student has an urgent need:**
You or the student can call the Counseling office front desk who will connect the student with an available counselor 763-493-0554.
3. **If it is not an immediate need:**
Please encourage the student to schedule an appointment with the front desk.
By calling 763-493-0554 or emailing counseling@nhcc.edu

Other resources to consider:

Student Support Services during COVID-19

<https://nhcc.edu/student-resources/online-learning-d2l/covid19studentsupportservices>

Food Cupboard Access during COVID-19

<https://nhcc.edu/student-resources/food-cupboard>

Walk-In Counseling Center:

Free and accessible mental health counseling offered Via Zoom. See website for detailed contact information and instructions.

<https://walkin.org/>

United Healthcare's EMOTIONAL SUPPORT HELP LINE FOR ALL STUDENTS: Open 24 hours a day, seven days a week. The service is free of charge.

Toll-free helpline number: 866-342-6892