

## AS: Health

2020-2021

The Associate of Science Degree in Health is a rewarding field for individuals interested in making a difference in the lives of others through the promotion of healthy lifestyles, healthy family functioning, and improving conditions that make it possible to live healthy lives. It is a vitally important field that is experiencing rapid growth and demand. This AS degree prepares students for a wide range of occupations in the health field, relating to stress techniques, nutrition and wellness, drugs and alcohol awareness, healthy sexuality and global implications in health. Students will be prepared to transfer to a 4-year institution upon completion as well as work in a variety of career settings including, but not limited to, family planning agencies, nonprofit agencies, state and federal health agencies, schools and community health agencies.

This degree has an articulation agreement to Minnesota State University Mankato.

### Program Courses

Must satisfy 18 of the following requirements

| Course No. | Course Title                     | Credits |
|------------|----------------------------------|---------|
| HLTH1030   | Personal and Community Health    | 3       |
| HLTH1050   | Stress Management                | 3       |
| HLTH1070   | Nutrition                        | 3       |
| HLTH1080   | Consumer Health                  | 3       |
| HLTH2020   | Introduction to Health           | 3       |
| HLTH2040   | Foundations and Theory in Health | 3       |

Subtotal 18

### Program Electives

Must satisfy 3 of the following requirements

Choose 3 of 5 of the following classes:

| Course No.                            | Course Title                 | Credits |
|---------------------------------------|------------------------------|---------|
| Choose 3 of the 5 following classes:: |                              |         |
| HLTH1010                              | Health Terminology <i>or</i> | 3       |
| HLTH1060                              | Drugs and Health <i>or</i>   | 3       |
| HLTH1900                              | Healthy Sexuality <i>or</i>  | 3       |
| HLTH2030                              | Global Health <i>or</i>      | 3       |
| HLTH2080                              | Environmental Health         | 3       |

Subtotal 9

### General Education Courses

| Course No.  | Course Title  | Credits |
|---|---|---------|
| <b>College Writing I (minimum grade 1.67):</b> (minimum grade 1.67) |   |         |
| ENGL1200  | Gateway College Writing (minimum grade 1.67)<br><i>or</i> | 4       |
| ENGL1201  | College Writing I (minimum grade 1.67)                    | 4       |
| ENGL1202  | College Writing II  | 2       |
| BIOL1001  | Biology I   | 4       |
| BIOL2111  | Human Anatomy and Physiology I                            | 4       |
| BIOL2112  | Human Anatomy and Physiology II                           | 4       |
| COMM1310  | Intercultural Communication                               | 3       |
| COMM1010  | Fundamentals of Public Speaking                           | 3       |
| MATH1150  | College Algebra   | 3       |
| PHIL1220  | Health Care Ethics  | 3       |
| PSYC1150  | General Psychology  | 3       |

Subtotal 33

### NHCC Residency and GPA

| Course No.                                | Course Title | Credits |
|---|--------------|---------|
| <b>15 Credits must be earned at NHCC:</b> |              |         |
| <b>2.00 overall GPA for NHCC courses</b>  |              |         |

**Total Credit Required 60**

## **Degree Requirements**

2.00 overall GPA for NHCC courses

### **Program Outcomes**

#### **Knowledge of Human Cultures and the Physical and Natural World:**

- Identify and develop a background of knowledge to address the major health-related, cultural and social needs of the communities we live and work in.

#### **Intellectual and Practical Skills:**

- Inquiry and analysis.
- Critical and creative thinking.
- Written and oral communication.
- Quantitative literacy.
- Information literacy.
- Teamwork and problem solving.
- Examine the importance of ethnic and cultural factors for health practices in the community. promote holistic health care standards.

#### **Personal and Social Responsibility and Engagement:**

- Promote healthy behaviors through evidence-based data and apply these findings to strategies in the classroom to promote holistic health care standards.
- Identify the socioeconomic, behavioral, biological, environmental, and other factors that impact human health and contribute to health disparities.
- Ethical reasoning and action.
- Foundations and skills for lifelong learning.

#### **Integrative and Applied Learning:**

- Apply the data presented in these classes to analyze and synthesize pertinent and current information which will help educate students and their future clients.

#### **Degree Information**

The Associate of Science (A.S.) degree is intended for students whose primary goal is to complete the credentials for a specific career and/or prepare for transfer to complete a bachelor's degree at a college or university with whom North Hennepin Community College has an articulation agreement. The A.S. degree provides a balance of general education courses and the required scientific, professional or technical courses in the degree program.

A student shall:

Earn a minimum of 60 semester credits as required in the program, with a grade point average of 2.00 (C) or above in courses taken at North Hennepin Community College. Specific programs may have additional requirements or a higher minimum grade point average.

Earn a minimum of 15 semester credits at North Hennepin Community College. A student must complete at least 50% of career specific courses at North Hennepin Community College.

Earn 30 credits in at least 6 Minnesota Transfer Curriculum (MnTC) goal areas.

Earn 30 professional/technical credits.

Have four years to complete the graduation requirements as published in the catalog in effect at the time of their initial enrollment. Students taking more than four years to complete their graduation requirements may follow any catalog published during the four-year period preceding their graduation.

Completion of an A.S. degree fulfills the Goal Area 2 requirement of the Minnesota Transfer Curriculum (MnTC).

**Developmental Courses**

Some students may need preparatory course(s) in Math and/or English. Courses numbered below 1000 will not apply toward a degree.

**Equal Opportunity Employer and Disability Access Information**

North Hennepin Community College is a member of Minnesota State Colleges and Universities system and an equal opportunity employer and educator. This document is available in alternative formats to individuals with disabilities by calling 763-493-0555 or through the Minnesota Relay Service at 1-800-627-3529.

**Transfer Information**

If you are planning on transferring to another institution, follow the guidelines available on our transfer resources web page to help you plan the process: [Transfer Information](#)

**Career Opportunities**

Information on careers, including salary and employment outlook data, is available on the iseek and Bureau of Labor Statistics websites: [www.iseek.org](http://www.iseek.org) and [www.bls.gov](http://www.bls.gov).

**Accreditation**

North Hennepin Community College is accredited by the: Higher Learning Commission 30 N. LaSalle Street, Suite 2400 Chicago, IL 60602-2504 1-800-621-7440