Hello all! As I write to you, the ground is covered in a blanket of snow, but spring is right around the corner.

With the fall semester done and the spring semester well under way, I wanted to take this time to look back at the past few months and remind you to use TRIO for your benefit. By this, I mean make and keep your appointments to meet with your SSS/TRIO advisor and use the SSS/TRIO resources to help you succeed. The SSS/TRIO tutors are also here to help you with your studies.

Once again, our annual Fall Welcome was a success. The event was held on August 21 in the Grand Hall on the NHCC campus. We honored many returning students with the Academic Excellence and Academic Achievement award. We also honored three NHCC TRIO Alumni and presented them with the NHCC TRIO Achiever award. The 2019 recipients were Basil Ajuo, Audua Pugh, and Carrie Bell. We also honored Alice Peterson, former Student Support Services/TRIO Academic Advisor with the TRIO Champion Award and thanked her for her 28 years of service to TRIO and to NHCC.

We heard heartfelt words of welcome from NHCC’s Interim President, Dr. Jeffery Williamson, Provost, Jesse Mason, and Interim Dean of Student Development, Lindsay Fort. NHCC’s Chief Financial Officer, Stephen Kent (Kent) gave a very special keynote address. Kent is an alum from the Upward Bound program at Alcorn State University in Mississippi. He reminded us to never take things for granted and for students to use their resources wisely. It was a truly inspirational evening.

This fall, we are happy to have two new staff join our team. Please welcome Kifaya Bishop, Student Support Services/TRIO Academic Advisor and Francie Bubna-Walker, Academic Specialist, Writing. Read more about them inside this newsletter!

Flu and Cold Season is Upon Us.
It is highly recommended that if you feel ill or are experiencing symptoms of a cold or the flu, you should consider staying home from work or school. Here are some tips to stay healthy for the coming winter:

- Wash your hands a lot!
- Avoid getting close to other people who are experiencing symptoms of illness.
- Keep your surroundings clean. Sanitize door knobs, computers, surfaces, phones, light switches, etc.
- Keep a healthy lifestyle.
- When you sneeze or cough, use a tissue or your elbow, not your hands. If you must use your hands, wash your hands immediately after with soap and water.
- Stay home and take care of yourself when you have a fever, chills, or symptoms of the cold or flu. Going to school or work can prolong the healing process. Also remember to that you may be exposing others to your illness.

Thank you all for a great year so far.

Shelly Siegel
Hello Students!

My name is Kifaya Bishop (she/hers) and I'm excited to join the SSS/TRIO team. I earned my Bachelors of Sciences in Psychology and my Masters of Science in College Counseling and Student Development. I'm an SSS/TRIO Alum and always had a passion for guiding and supporting students during their academic journey. I hope to give back to a program that has helped me and made a positive impact on my career. I look forward to seeing you in the office and across campus!

Hello TRIO Students!

It’s a pleasure to be working here and I’m excited to meet you all. Here’s a little information about me. I have my Master’s Degree in Teaching English as a Second Language from Regent University and my Bachelor’s Degree in Elementary Education from Clarion University of Pennsylvania. I came here from Minneapolis College’s Student Support Services/TRIO program where I served as the Academic Coordinator for the past eight years. Prior to that I spent one year at Anoka-Ramsey Community College providing supplemental instruction for students enrolled in developmental education courses. Before moving to Minnesota nine years ago I spent three years in England working in various education related positions, and then I spent one year in the United Arab Emirates teaching English to first and second graders. Please stop by to introduce yourself!

Hi everyone.

My name is Arkina Monto and I am a work study student in the TRIO office. I started working in September of 2019, and have loved my time here. I like TRIO because it provides useful resources and great opportunities for students, and the work environment is calm and successful. Stop by the office sometime and say hello.
# Important Dates to Know!

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, March 9th - Friday, March 13th</td>
<td>Spring Break! (No Classes)</td>
</tr>
<tr>
<td>Monday, March 16th</td>
<td>Registration for summer classes</td>
</tr>
<tr>
<td>Monday, March 23rd</td>
<td>Registration for fall classes</td>
</tr>
<tr>
<td>Wednesday, April 1st</td>
<td>Graduation application deadline</td>
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<tr>
<td>Monday, April 20th</td>
<td>Class withdraw deadline</td>
</tr>
<tr>
<td>Thursday, May 7th - Wednesday, May 13th</td>
<td>Finals week</td>
</tr>
<tr>
<td>Thursday, Math 14th</td>
<td>Commencement</td>
</tr>
<tr>
<td>Monday, May 18th</td>
<td>Final grades due</td>
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## Fall 2019 Dean's List

Congratulations to the following students who were on the Dean's list for the spring 2019 semester! To be on the Dean's list, a student must have been enrolled for 12 or more credits for a grade and must earn a GPA of 3.5 or higher. Keep up the great work!

- May Sherman
- Adnan Wazwaz
- Sagal Yabarow
- Yana Chernyak
- Holly Conwell
- Femi Daramola
- Keneisha Gilmer
- Heather Graczyk
- Eskander Hajiali
- Hailey Hansen
- Chad Hildebrandt
- Chance Hopkins
- Jennifer Maldonado
- Demetria McGrone
- Alyssa Michels
- Allison Phaokanya
- Siklitikia Piatkov
- Chelsea Reinking
- Maroua Bouthim
- Phoenix Ismail
- Eleanor Martinez
- Jeminatu Sawyerr
- Alexander Tan
Interested in a PAID Internship?

There are many opportunities TRIO can connect you with! Many placement options, including: City Clerk's Office, Health Department, Public Works, City Attorney's Office, and many more.

Contact Francie Bubna-Walker for more information
email: francie.bubna-walker@nhcc.edu
phone: 763-424-0910

### Academic Tutoring

With the start of the new semester, TRIO is here to help you with academic tutoring. Contact the TRIO front desk at 763-424-0937 to ask about reoccurring appointment or one time appointments.

Below is a schedule for drop-in tutoring. You can check in at the front desk up to 30 minutes before each drop-in time.

<table>
<thead>
<tr>
<th>Denise Tiffany</th>
<th>Brad Mondloch</th>
<th>Francie Bubna-Walker</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>(Math &amp; Science)</strong></td>
<td><strong>(Math &amp; Science)</strong></td>
<td><strong>(Writing &amp; English)</strong></td>
</tr>
<tr>
<td><strong>Mon</strong></td>
<td><strong>Tues</strong></td>
<td><strong>Wed</strong></td>
</tr>
<tr>
<td>8-9:30</td>
<td>12-1</td>
<td>9-9:30 &amp; 2-2:30</td>
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</tbody>
</table>
Scholarship Winners!

Congratulations to the following list of students who have won one or more scholarships in the past year. This list does not include everyone, so if you win a scholarship, please contact someone in TRIO office. We would love to include you in future newsletters.

Starr Nguyen
Chad Hindlebrandt
Nathan Lantaigne-Goetsch
Heather Goodreau
Marthaline Nyoune
Holly Conwell

Spring College Tours

The TRIO office will be touring multiple 4-year colleges in this spring. It’s a great opportunity to see the campus, hear from staff and faculty, and ask questions. Below is a list of schools and the dates we will be touring them. Transportation will be provided for students. Contact the TRIO front desk at 763-424-0937 to sign up for any of these tours!

<table>
<thead>
<tr>
<th>University of Minnesota</th>
<th>Augsburg</th>
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<tbody>
<tr>
<td>April 14th</td>
<td>April 15th</td>
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<table>
<thead>
<tr>
<th>Metro State</th>
<th>St. Cloud State</th>
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<tbody>
<tr>
<td>April 1st</td>
<td>April 22nd</td>
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</tbody>
</table>
Remember to contact the TRIO front desk at 763-424-0937 to schedule your first appointment of the semester with your TRIO advisor!

TRIO Contact Information

**Shelly Siegel**  
Director of TRIO Programs  
Email: shelly.siegel@nhcc.edu  
Phone: 763-424-0904

**Shantle Frazier**  
Academic Advisor  
Email: shantle.crewsfrazier@nhcc.edu  
Phone: 763-493-0590

**Tiffany Gear**  
Academic Advisor  
Email: tiffany.gear@nhcc.edu  
Phone: 763-488-0238

**Kifaya Bishop**  
Academic Advisor  
Email: kifaya.bishop@nhcc.edu  
Phone: 763-424-0918

**Denise Tiffany**  
Math & Science Academic Specialist  
Email: denise.tiffany@nhcc.edu  
Phone: 763-424-0879

**Brad Mondloch**  
Math & Science Academic Specialist  
Email: brad.mondloch@nhcc.edu  
Phone: 763-424-0740

**Francie Bubna-Walker**  
English & Writing Academic Specialist  
Email: francie.bubna-walker@nhcc.edu  
Phone: 763-424-0910

**Whitey Engel-Dokken**  
Administrative Specialist  
Email: WS-SSS@nhcc.edu  
Phone: 763-424-0937