**NHCC Counseling and Career Center**

**Community Connections**

**MENTAL AND CHEMICAL HEALTH RESOURCES**

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**Adult Psychiatry Clinic at HCMC**

Adult Psychiatry Clinic  
Shapiro Building, Suite S1.110 914 S. 8th St.  
Minneapolis, MN 55415  
Phone: 612-347-2218  
Hours: 8 a.m. – 4:30 p.m., Monday through Friday  
Services: We provide full psychiatric services to adults aged 18 and older, including evaluation and management, as well as individual and group therapy.

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**Community–University Health Care Center (CUHCC)**

Outpatient MH and Case Management Program  
www.ahc.umn.edu/cuhcc  
2001 Bloomington Avenue South Minneapolis, MN 55404  
612-638-0685  
Phone: 612-638-0700 x269  
Fax: 612-638-0685  
Hours: 8 a.m. – 5 p.m., Monday, Wednesday, Friday, 8 a.m. – 7 p.m., Tuesday and Thursday  
Services: Individual, couples, family, and group outpatient treatment, mental health case management, adult rehabilitative mental health services (ARMHS), mental health screening and assessment, information and referral, crisis counseling, and support groups. The agency serves primarily low income, minority, or special populations (particularly African Americans, Native Americans, Southeast Asians, Somalis, Latinos, and lesbians and gay men). Priority is given to participants in the agency’s medical program, and to residents of south central Minneapolis. The program also works closely with schools and other agencies that focus on minorities. Translators are available for Laotian, Vietnamese, Hmong, Khmer (Cambodian), Spanish, and Somali.

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**Headway Emotional Health Services (HEHS)**

www.headway.org  
701 Decatur Avenue North, #109 Golden Valley, MN 55427  
Phone: 763-746-2400  
Fax: 763-746-2401  
Hours: 8 a.m. – 5 p.m., Monday and Friday / 8 a.m. – 6:30 p.m., Tuesday—Thursday  
Services: HEHS serves children, adolescents, and adults and offers specialized services for persons recovering from serious and persistent mental illness. Individual, family, and group outpatient treatment, assessment, medication management, treatment for domestic abuse, educational programs, and an outreach program to family resource centers and schools. The County contracts with the Headway Emotional Health Services (HEHS) for medication management services only.

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**Hennepin County Mental Health Center**

www.co.hennepin.mn.us  
1801 Nicollet Avenue 2nd and 3rd Floors, Nicollet Exchange Bldg.  
Minneapolis, MN 55403  
Central Scheduling: 612-596-9438  
Fax: 612-879-3824  
Hours: 8 am – 5 pm Monday, Tuesday, Thursday, Friday and 8 am – 6 pm Wednesday  
Services: Outpatient services for children, adolescents, adults, and families. The Center serves adults with serious mental illness or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children and adolescents who are severely emotionally disturbed, have been abused or neglected, or have been court ordered for a psychological evaluation. Parents involved in child protection may be seen for evaluation or therapy. Services include consultation, diagnostic assessment, psychiatric and psychological evaluation, individual, family, and group therapy, medication management, co-occurring mental illness and substance abuse. Fees are paid by Minnesota Health Care Programs, Medicare, and most private insurance. Uninsured persons may pay a rate based on income.

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**North Point Health & Wellness Center**

1313 Penn Avenue North Minneapolis, MN 55411  
Phone: 612-302-4600 TDD: 612-302-3852  
Hours: M–F 8:30 am – 5 pm and Sat. 8 am – noon  
One-stop center for medical, dental, mental health, and social services. Interpreters are available for non-English speaking patients. North Point accepts virtually all major medical and dental insurance plans, including Medicaid and Medicare. Low-income patients may be eligible a reduced fee program.

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*The Counseling Department at North Hennepin Community College does not assume responsibility for the quality of services provided by outside agencies or websites listed above. Inclusion on the list does not imply endorsement nor does omission indicate disapproval. This information can be made available in alternate formats by contacting the Disability Access Services Office at 763-493-0555 or by TTY at 763-493-0558.*
Chemical Health Treatment Programs

Hennepin County does not contract with CD treatment providers. The listing in this directory may be incomplete. For an up-to-date list, check the state Department of Human Services website http://www.dhs.state.mn.us/Licensing/ProgramLists/pdf/flcdt.pdf. Search for Hennepin County programs by typing Ctrl-F then type Hennepin in the search box. There are about 64 licensed Chemical Health treatment providers in Hennepin County.

African American Family Services www.AAFS.net
2614 Nicollet Ave Minneapolis, MN 55408
Phone: 612-871-7878 Fax: 612-871-2567
Services: Non-residential treatment primarily for African-Americans age 18 and older. AAFS also offers adult and adolescent chemical health assessments for the Somali population. While AAFS is a culturally specific program, chemical health assessments are available to the general public (non-culturally specific) for all adolescents and adults. AAFS is licensed to provide mental health services and mental health diagnostic services, including MI/CD dual diagnosis services.

Alliance Clinic www.meridianprograms.com
3329 University Avenue SE Minneapolis, MN 55414
Phone: 612-638-2260 Fax: 612-638-2340
Services: Non-residential narcotic replacement treatment services and maintenance services to men and women, age 18 and older. The Hennepin County Clinical Review Team determines client eligibility for most methadone requests, regardless of treatment funding source.

ARK Counseling/Plymouth (Butts, Lindgren & Assoc.)
1884 Berkshire Lane N. Plymouth, MN 55447
Phone: 763-559-5677 Fax: 763-559-2116
Services: Non-residential treatment and treatment for multiple DWI offender adults age 18 and older. Transportation is available for all services.

Avalon - Prospect Park www.meridianprograms.com
3329 University Avenue SE Minneapolis, MN 55414
Phone: 612-638-2282 Fax: 612-638-2340
Services: Avalon provides a comprehensive non-residential, dual diagnosis mental illness/chemical dependency (MI/CD) treatment services to men and women, age 18 and older. The program includes the use of psychotropic medications, as needed.

Chrysalis, A Center for Women & Tubman Family Alliance
www.chrysaliswomen.org
4432 Chicago Avenue Minneapolis, MN 55407
Phone: 612-871-0118 Fax: 612-870-2403
Services: Outpatient day and evening treatment for women co-occurring mental illness/chemical dependency disorders. Services include psychotropic medications, prescribed and monitored as needed. On-site childcare is provided for clients receiving services.

CLUES (Comunidades Latinas En Servicio, Inc) www.clues.org
720 East Lake St. Minneapolis, MN 55407
Phone: 612-746-3500 Fax: 612-871-1058
Services: Non-residential chemical dependency and dual diagnosis mental illness/chemical dependency treatment services. Two programs are available: one for Spanish-speaking only men and women, age 18 year and older, and another for Hispanic adolescents, age 13 - 17. CLUES is also a licensed Rule 29 mental health facility.

Fairview Behavioral Services Adult MI/CD Program www.fairview.org
Fairview-University Medical Center, Riverside Rehabilitation Center R120 2450 Riverside Avenue
Phone: 612-672-2736 (Intake) Minneapolis, MN 55454 MI/CD Program Phone: 612-672-5060 Programs: Fax: 612-672-6572
S.T.O.P. (Adolescent-Short Term Outpatient Preparation) Fax: 612-673-4860 S.T.O.P. is an evaluation unit, but also prepares adolescents for outpatient treatment and provides inpatient chemical health treatment to adolescents age 12 through 17.
• Adult Services Phone: 612-273-4442 Serves men and women, age 18 and older Fax: 612-273-4444

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Hearing Impaired Phone: 612-273-4402
Serves hearing-impaired men and women, age 16 and older TDD: 612-273-4114
Fax: 612-273-4516

Fairview Behavioral Services—(non-residential)
Central Intake Phone: 612-672-2222
*contact Central Intake for all referrals Fax: 612-672-6572

Fairview Behavioral Services, Crystal
2960 Winnetka Avenue N., Crystal, MN 55427
Phone: 763-541-4993
Fax: 952-924-5808
This program serves adolescents and adults.

Fairview Behavioral Services, Edina
Southdale Place Building Phone: 952-924-5901
Fax: 952-924-5808
3400 West 66th St, Suite 400, Edina, MN 55435
This program serves men and women, age 18 and older.

Fairview Behavioral Services, Riverside
Fairview-University Medical Center Phone: 612-672-6572
2450 Riverside Avenue, Minneapolis, MN 55454
Fax: 612-672-4444

North Point Health and Wellness Center Inc.
1315 Penn Avenue, Minneapolis, MN
Phone: 612-543-2740
Primary services hours: Monday, Tuesday, Thursday, and Friday from 9:00 a.m. to 6:00 p.m.
Services: Adult outpatient mental health and chemical dependency/abuse treatment services. Therapeutic techniques include motivational interviewing, client-centered therapy, cognitive behavioral therapy, health realization, relapse prevention, individual talk therapy, and group therapy. Clients participate in group lectures and individual sessions according to their treatment plan. Integrated comprehensive medical and social services enhance personal recovery, self-actualization, stability, and independence. Mental health and chemical health issues are addressed throughout all activities and treatment objectives. to achieve the best possible outcome. Family and significant others are encouraged to participate in the client’s recovery and, with appropriate releases, family may meet with counselors or therapists.

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Walk-In Counseling Center  www.walkin.org
2421 Chicago Avenue South Minneapolis, MN 55404
Phone: 612-870-0565
Fax: 612-870-4169
Counseling Hours: 1 p.m. – 3 p.m. Monday, Wednesday, Friday and 6:30 p.m. – 8:30 p.m., Monday – Thursday
Office Hours: 8 a.m. – 5 p.m. Monday – Friday
Services: Unscheduled counseling and short-term treatment services to individuals and families. Services are primarily for persons who feel alienated from other resources, or are unaware of available resources, and are provided on a free, walk-in basis, generally for no more than five sessions. When necessary, the agency refers clients to other mental health and human service providers. The agency also provides consultation and training services to a variety of community agencies.

Tubman and the Link
3111 First Ave S
Mpls, MN 55408
24 Hour Crisis Line
Serving low income young adult survivors of domestic violence, dating violence, sexual assault and stalking

Adult Mental Health and Chemical Dependency Services of Minnesota Medical Center Fairview
2450 Riverside Ave, Mpls 55454
Chemical programs throughout the Twin Cities Metro Area.

COPE Community Outreach for Psychiatric Emergencies
612-596-1223
Call 911 for Life Threatening Emergencies

Walk In Counseling Center
2421 Chicago Ave S. Mpls 55404
612-870 0565
Short Term face to face counseling serving people of all ages.

Community Corner
1500 69th Ave N
Brooklyn Center 55430
Community Corner is a collaboration of the NW Hennepin Family Services and Brooklyn Center Schools and the City of Brooklyn Center

Chemical Health Assessment Services
Several agencies throughout the community provide Rule 25 chemical use assessments. To obtain information about eligibility and resources to obtain a chemical use assessment, contact the Front Door at 612-348-4111.
Hennepin County Chemical Health Placement Review Team
Central CH Access Unit – Hennepin County Chemical Health Placement Review Team
1800 Chicago Avenue
Phone: 612-879-3671
Minneapolis, MN 55404
Fax: 612-466-9565
The CH Placement Review Team reviews chemical use assessments of Hennepin County residents whose substance abuse/addiction treatment will be paid for by the state Consolidated Chemical Dependency Treatment Fund (CCDTF). Treatment providers designated to provide assessment services for Hennepin County residents must fax assessments to the placement team for treatment authorization. A Client Placement Authorization form must be signed by the county before a provider can accept a client for treatment.