Health
Associate of Science

START HERE

Semester 1

Course Number	Course Name	Credits	Milestone	Completed
ENGL 1200‡ /1201	Gateway College Writing/College Writing I	4	Yes	☐
HLTH 1030	Personal and Community Health	3		☐
	Total Credits:	**7**		

Semester 2

Course Number	Course Name	Credits	Milestone	Completed
ENGL 1202	College Writing II	2	Yes	☐
HLTH 1070	Nutrition	3		☐
HLTH1080*	Consumer Health	3		☐
	Total Credits:	**8**		

Semester 3

Course Number	Course Name	Credits	Milestone	Completed
COMM 1010	Fundamentals of Public Speaking	3		☐
HLTH 1050	Stress Management	3		☐
	Total Credits:	**6**		

Semester 4

Course Number	Course Name	Credits	Milestone	Completed
BIOL 1001	Biology I	4	Yes	☐
HLTH 2020†	Introduction to Health	3		☐
	Total Credits:	**7**		

Semester 5

Course Number	Course Name	Credits	Milestone	Completed
BIOL 2111	Anatomy and Physiology I	4	Yes	☐
Program Elective	Choose course from program electives in helpful hints	3		☐
	Total Credits:	**7**		

Semester 6

Course Number	Course Name	Credits	Milestone	Completed
BIOL 2112	Anatomy and Physiology II	4		☐
PHIL 1220	Health Care Ethics	3		☐
	Total Credits:	**7**		

(Semester 7 continues on the next page)

Milestone Courses

should be taken in the order shown. This will help you stay on track and graduate on time.

Helpful Hints

‡ ENGL0990 must be taken at the same time as ENGL1200

Program Electives (9 credits total):
HLTH 1010, 1060, 1900, 2030, 2080

-A good program for students who wants to work in areas of public & community health

Semester 7

Course Number	Course Name	Credits	Milestone	Completed
MATH 1150	College Algebra	3		☐
Program Elective	Choose course from program electives in helpful hints	3		☐
	Total Credits:	**6**		

Semester 8

Course Number	Course Name	Credits	Milestone	Completed
PSYC1150	General Psychology	3		☐
COMM 1310	Intercultural Communication	3		☐
	Total Credits:	**6**		

Semester 9

Course Number	Course Name	Credits	Milestone	Completed
HLTH 2040	Foundation and Theory in Health	4		☐
Program Elective	Choose course from program electives in helpful hints	3		☐
	Total Credits:	**6**		

FINISHED

Disclaimer: This roadmap represents one possible pathway through the program, so please make an appointment with your Academic Advisor to create an education plan that is customized to meet your needs. This information subject to change.

Leaf/Dagger (†) means the class is only offered Fall semester. Flower/Asterisk (*) means the class is only offered Spring Semester. Double Dagger (‡) means the course has a corequisite that must be taken at the same time.